



Mental Health and Wellness Clinic

College of Education, Wayne State University

Mission

The Mental Health and Wellness Clinic (MHaWC) is a graduate student training clinic in the College of Education at Wayne State University. The overarching mission to empower diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals. Specifically, we aim to provide services designed to improve the mental health and well-being of the students, families, and the community throughout the state of Michigan.

Services

We have several training programs in various, overlapping areas of mental health theory and practice, including Art Therapy, Clinical Mental Health Counseling, Counseling Psychology, Rehabilitation Counseling, School & Community Psychology, and School Counseling. Together, our clinicians-in-training provide the following services under the full supervision of licensed faculty:

- Individual Child, Adolescent, and Adult Mental Health Counseling/Psychotherapy
- Couples, Family, or Group Counseling/Psychotherapy
- Career and Vocational Assessments and Counseling
- Psychological and Psychoeducational Assessment (*currently not available due to COVID-19*)
- Consultation, Psychoeducation, and Outreach
- Art Therapy

Scheduling a Session

During the COVID-19 stay home stay safe order, until further notice, all sessions will be offered either via telephone (voice only), cell phone FaceTime (iPhones only), or Zoom (video conferencing).

There are no fees for our counseling/psychotherapy services at this time.

Go to go.wayne.edu/mhawc to learn more and to make an appointment, or email mhawc@wayne.edu for inquiries.



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